



Monsoon Coast Burgers

Ingredients:

1lb ground beef
1 egg, slightly beaten
1 TBL BBQ & Roast Rub
2 tsp brown sugar
1 TBL ketchup
1 green onion, thinly chopped
2 TBL Panko breadcrumbs
Salt & Pepper to taste

Spices Used: BBQ & Roast Rub

2 Servings

Instructions:

- 1 - Use a wooden spoon to gently combine all ingredients. (Over mixing results in tough burgers.)
- 2 - Form into four patties.
- 3 - Grill over medium heat about 5 minutes per side until cooked.
- 4 - Serve on grilled buns with your favourite toppings.